## Livable and Senior-Friendly Community Planning

### Task Force

## **Buncombe County Aging Coordinating Consortium**

## Community Survey



#### O WHY?

A Because Buncombe County is committed to identifying, assessing, and responding to the needs and interests of diverse older adults, baby boomers, and family caregivers.

#### Q WHAT is a "livable and senior-friendly community"?

- A A community that:
  - Addresses basic needs,
  - Optimizes physical and mental health and wellbeing,
  - Promotes civic and social engagement, and
  - Maximizes independence for older adults.

#### Q WHAT does the Aging Plan cover?

- A The Aging Plan has six components:
  - 1. Housing, Transportation & the Environment
  - 2. Health and Wellness
  - 3. Financial Well-being
  - 4. Safety and Security
  - 5. Social Engagement
  - 6. Service and Support Coordination

#### Q WHO should complete this survey?

**A** Any person who is age 55+ and anybody else interested

in a livable and senior-friendly Buncombe County.

# Your Input Matters! Please Complete This Survey Today!

Please Return by October 31, 2007 to:

Christina Giles Land-of-Sky Regional Council 25 Heritage Drive Asheville, NC 28806

TO FIND OUT MORE CONTACT: Beth Lazer, Task Force Chair at: bethlazer@bellsouth.net or The Council on Aging of Buncombe County, Inc. at: 828-277-8288 (ask for Ali Climo)

Using your experience please rate the **existence**, **adequacy**, and **accessibility** of the following services for <u>older</u> <u>adults</u> age 60+ using the scale provided. Please use the "Comments" section to explain your rating.

2 = Needs Improvement

1 = Poor

Air quality.

HOUSING, TRANSPORTATION AND THE ENVIRONMENT				
	Rating	Comments		
Range of housing options for older				
adults.				
Availability of affordable housing for				
older adults.				
Transportation options for older				
adults.				

3 = Satisfactory

4 = Excellent

HEALTH AND WELLNESS				
	Rating	Comments		
Affordable health care for older adults, including adequate insurance coverage.				
Fitness and wellness activities for older adults.				
Mental health services for older adults.				
Dental care for older adults.				

FINANCIAL WELLBEING				
	Rating	Comments		
Assistance for older adults with				
financial planning/money				
management.				
Job training/employment				
opportunities for older adults				
Assistance for older adults and their				
families in planning for long term				
care.				

#### **Background Information**

These questions will help us in reporting the results of this survey. Please feel free to skip any question you are not comfortable answering.

1. What is your zip code?
2. Do you live within the city limits of Asheville? Yes No
3. What is your age category?
under 55 55 - 64 65 - 74 75 - 84 85+
4. What is your gender? Male Female
5. Which category best describes your race/ethnicity?
Caucasian/White Asian/Pacific Islander African American/Black Native American/Native Alaskan Hispanic/Latino(a) Other (please specify)
6. Which category best describes your living arrangement?
Living alone Living with spouse/partner, roommate, friend, and/or family Other
7. Are you currently providing any care for an older adult? Yes No
8. In general, would you say your health is:
Excellent Very Good Good Fair Poor
Thank you for participating in this community survey!

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